

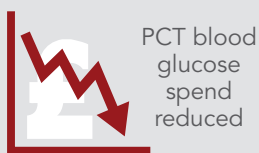
How we improved quality and reduced diabetes costs.



Objective

Simplify and streamline the CCG's procedures for prescribing blood glucose test strips, recommending meters and training healthcare professionals and patients to use them.

Results



More accurate meters for patients



GP and patient confidence increased

THE SITUATION

A PCT in the north of England was spending over £1.1million on more than 35 different brands of blood glucose test strips.

The number of brands being prescribed, combined with the variety of different monitors also in use, was creating confusion and compatibility issues - and meant that training health professionals and patients to effectively use the systems was becoming less viable.

A review of the complex situation was required and Spirit was asked to participate.

“I found Spirit are innovative and different, having an incredible understanding of what it takes to put together an honest and compelling service proposition. From idea through to practical reality they have delivered transformational and sustainable outcomes”.

Clinical Procurement Specialist

Introducing CareSens N to consolidate blood glucose testing.

SPIRIT'S RESPONSE

After reviewing SMBG meters the CCG decided to introduce Spirit's CareSens N meter providing less expensive testing strips with proven accuracy¹.

A joint working group involving the Medicines Management Team, specialist nurses, GP Practices and patient groups was formed to monitor Spirit's implementation of the new system, which also included training and education.

Spirit's Clinical Educator Team delivered training in all GP Practices and 98% of community pharmacies. Advice was also given to patients on the best testing procedures and how to use their CareSens N monitor (a programme that has subsequently become EMPOWER).

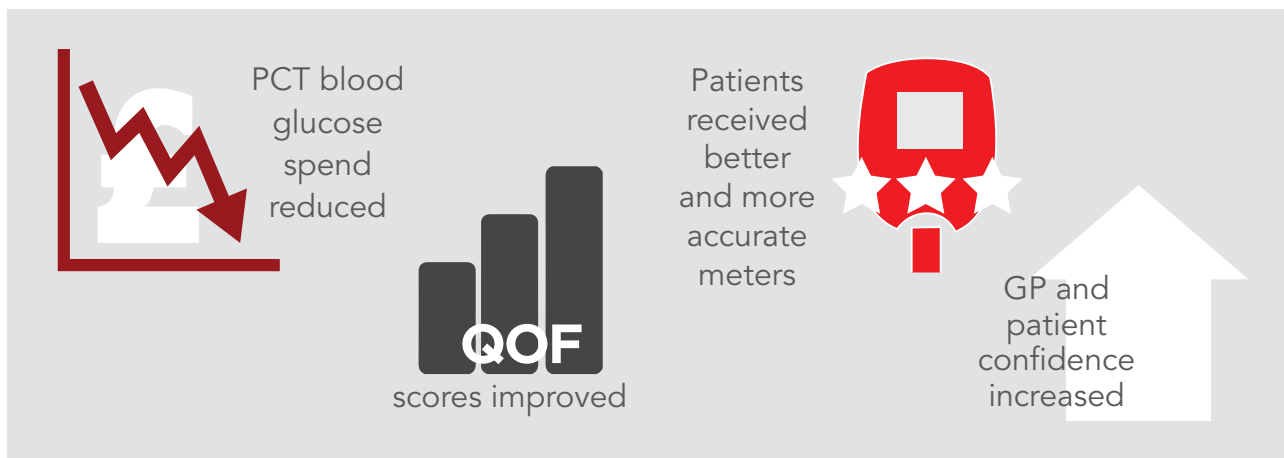
THE RESULTS

Within 12 months Spirit were supplying 25% of the CCGs strips and meters.

9% in year reduction in PCT prescribing spend versus national².

During the same period the CCG saw a significant improvement in associated QOF scores, together with reductions in their blood glucose spend².

Anonymous scoring and tracking of actions taken after each training session indicated that confidence and satisfaction among GPs and patients had also improved².



24/7 NON-AUTOMATED FREE SUPPORT

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References

1. Freckman, G et al; System Accuracy Evaluation of Three Systems for Self-monitoring of blood Glucose with Three Different Test Strip Lots Following ISO15197. J Diabetes Sci Technol 2014 8:422. Access <http://dst.sagepub.com/content/8/2/422>.
2. Data on file.SMBG Case Study. June 14.